

Lawrence County SNPAAC (Wellness)

Committee February 7th, 2024

Walnut Ridge School-Board Room

Agenda

- I. Call to Order
- II. New Business
 - a. Upcoming and Past Community Health Events
 - i. Cardio Optics visit on 1/31
 - ii. St. Bernards Mammogram 3/8
 - iii. Blue and You Fitness Challenge Register by 2/29
 - b. Discussion of School Menus
 - c. Misc

February 7^h, 2024
Wellness Committee Meeting
Superintendent's office – board room

Present committee members: Sarah Moore, Krystal Jones, Vicki Mitchell, Rhealynn Schmidt, Terry Belcher, Brittany Farmer, Emily Richey, Dyan Heard and Lea Andra Foster, Blake Coffman

Meeting was called to order by Sarah Moore at 12:10pm -

Upcoming and past wellness matters were discussed. The Cardio Optics visit on 1/31 administered 21 ultrasounds. The Blue and You challenge begins on March first – our team won last year. BMI screening is about to begin in the district, and St. Bernards mammogram bus will be present on 3/8/24. School menus were also discussed, and no recommendations were made for changes to the menus.

The meeting was adjured at 12.53pm